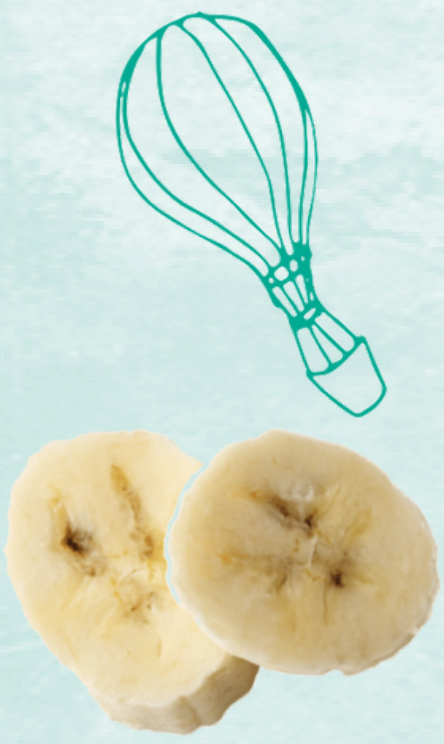
Carrot cake cookies

270g of oatmeal
3 ripe bananas
3 apples
2 carrots
1 to 2 tbsp of "My very first spice mix"
3 tbsp of syrup (e.g. maple or dates) or honey
3 tbsp of almond butter (or hazelnut, ...)
1 tbsp of coconut oil



- Grate the apples and carrots and mash the bananas.
- Mix with all the other ingredients.
- Take a tablespoon of the dough and form it into a nice flat cookie.
- Place on a buttered baking sheet and repeat this until all the dough is finished.
- Bake the cookies at 180°C for 30 to 35 minutes.